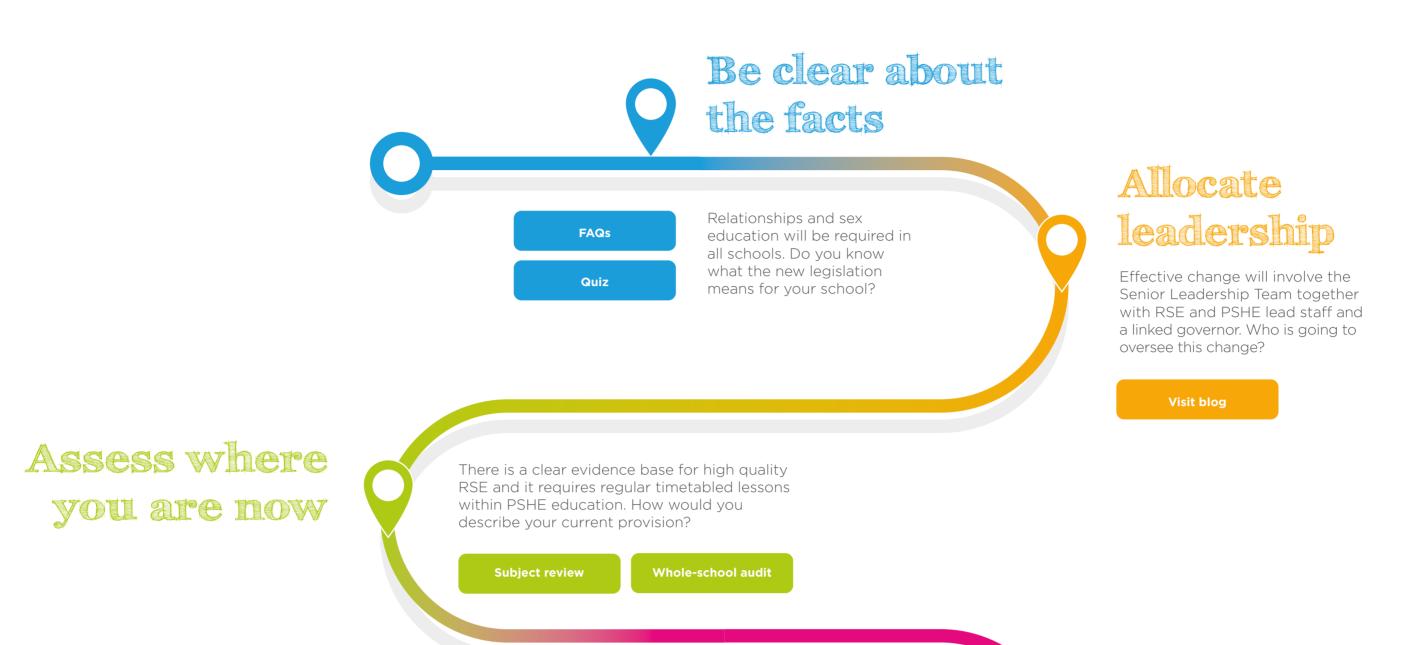


These 10 steps provide a guide to support school leaders in preparing to provide high quality RSE as an identifiable part of PSHE education. These steps are based on established good practice and evidence. The law requires that Relationships and Sex Education (RSE) is to be taught in all secondary schools in England, and that Relationships Education is to be taught in all primary schools in England. Health Education will also be mandatory in all Government funded schools, which includes content on puberty. Government Relationships Education, RSE and Health Education guidance and regulations give further detail about the requirements. Schools that are ready to implement the updated guidance from September 2019 are encouraged to do so – September 2020 is proposed as the start date for mandatory provision.



Using local data and consultation activities will ensure you can tailor provision to meet the needs of all pupils. Have you conducted a pupil needs assessment?

Gathering students'

views on RSE





Review

curriculum

Refresh policy

An RSE policy will be required in all schools – it should set out your whole-school approach and make links with school ethos, safeguarding policies and The Equalities Duty. Does your policy reflect your aims for RSE and school values?

> PSHE Association RSE policy guidance

Sex Education Forum RSE policy guidance

RSE curriculum design tool

RSE curriculum audit tool



An effective RSE and PSHE education curriculum will be comprehensive, spiral and responsive to pupil needs. Does your curriculum take this approach? Where are the gaps?

Update curriculum

Planning toolkits

Thematic E-magazine

Regular updates will ensure your programme is inclusive, has engaging lesson plans that reflect real-life issues (including the digital world), with a balance of skills, knowledge and personal attribute development. Is your curriculum now updated and inclusive?

Equip your staff

All staff will have a role to play and some will need specialist training. What are your staff CPD needs? How can these needs be met?

PSHE Association CPD courses CPD courses

> As with all subjects, effective monitoring and evaluation will tell you if planned outcomes are being met and what needs to change. Do you have systems for monitoring and evaluating RSE within PSHE education?

> > Review, monitor & share best practice

The basics

Prepare to review and evaluate

Communicate

Bring the whole school community with you, through continuous dialogue with parents, staff, governors and pupils. Are there mechanisms for ongoing information sharing about RSE and have you shared your plans?

> Poster Workshop & letter













