

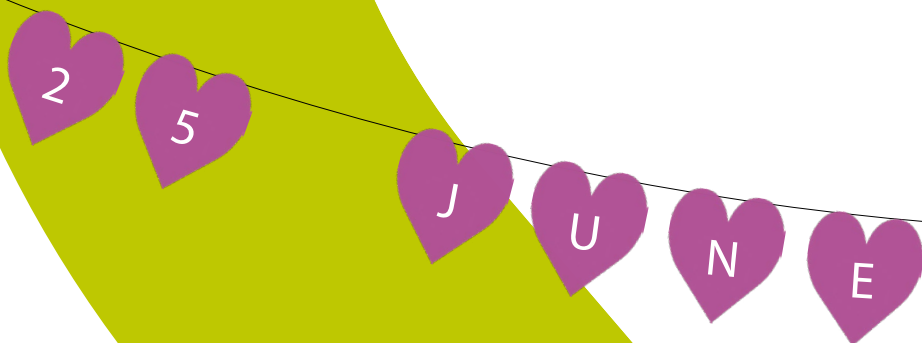
RSE DAY

Celebrating relationships & sex education



Ideas for settings

Primary age children





20 ideas to make the most of RSE day

This list of ideas is designed to inspire you to join in with RSE Day on 25 June 2020.

There are quick options and ones that will take a bit more planning and preparation.

Some can be run with pupils in school, others shared with families as part of your remote education, helping to sustain the school community during the Covid-19 pandemic.

Choose one or two that are most relevant for your setting and circumstances, or think of your own.

This year the theme for RSE Day is 'Books I love about love'. Many of the ideas in this list support this theme.

RSE Day is a day to celebrate excellent RSE, that promotes the wellbeing of, and safeguards, children and young people.

To comply with current legislation please inform parents/carers of your plans for RSE Day in advance and give them the option to withdraw their child.

Good quality RSE needs to happen all year round, with a planned curriculum, but 25 June is an opportunity to start new conversations and share what you are doing with others.

Because RSE is the responsibility of parents and schools, we have included ideas that involve the whole community.

Remember to let us know what you are doing via social media using the hashtag #RSEday.

1 Send home a list of books about love and relationships that parents can read with their children on RSE Day. Ask families to share photos of themselves reading together with their children.

2 Ask children and their parents to complete the sentence 'love is....' using chalk or a stone to write on the yard or pavement, share photos tagged #RSEday

3 Class teachers video and share online, or read live on RSE day, a love or relationships themed book to their class. (For permission on classroom read-aloud videos see advice from publisher, example [here](#).)

4 Ask children to nominate their favourite book about love, friendship or relationships. Have a class vote on which is most popular. Read the winner on RSE day.

5 Children write a review of their favourite book about love, read these on RSE Day and display in the classroom.

6 Add a language dimension and learn how to say phrases such as 'friend', 'I miss you', 'I

love you' and 'thank you for being my friend' in the languages spoken in the school and community.

7 Have discussions with pupils about what makes a healthy relationship. Ask pupils to use chalks to decorate the school building or playground with hearts and some words or phrases from their discussions. Take pictures and share on social media or your website.

8 Ask pupils to write and deliver a letter or card to someone who is special to them. This might be a member of their family, a neighbour, a friend or someone at school. In the letter they could explain why the person and relationship matters to them. Parents could do the same activity!

9 Work in pairs or small groups to create a heart using collage. Find words, colours, shapes and textures from scrap material and packaging, and glue or arrange the materials into a heart shape. Display in your workbook, window, on your pavement or balcony.

10 Create love poems to share on a display. For inspiration on how to create a poem while going for a walk or using poetry collage have a look at [Usborne quick links](#) and [Tate](#).

11 Create storyboards using pictures and photographs reflecting on what it means to be a good friend especially in the context of attending school in smaller groups or being at home because of school closure and following social distancing rules. How can friendship flourish in this situation?

12 Using heart cut-outs ask children to write one thing they love about themselves and one thing they love about somebody else.

13 Record 3-5 minute conversations about a friendship or relationship between people of different ages, cultures, gender etc. (Like Radio 4s Listening Project). Pupils could involve family members living outside their

household, for example interviewing a grandparent about important friendships from their childhood. Use these as a stimulus in lessons or put on your website to show that the school values relationships which bridge difference.

14 Compile a school play-list for RSE Day featuring songs about love, relationships and friendships (age-appropriate) and play during the day on the 25th June. You could use the lyrics to stimulate discussion, writing, art-work, poetry, drama and dance pieces.

15 Refresh your library of books to support pupil's learning around relationships – read these on RSE Day.

16 Involve pupils in school in making a display with the title 'Every family is unique'.

17 Explore marriage celebrations across different faiths and cultures. Ask pupils and parents to share a family story about a wedding at home. It could be an opportunity to learn about how celebrations have changed over the generations, to look at family photographs and discuss what is valuable about committed relationships. Take marriage as an assembly theme for the day.

18 Support transitions by involving older pupils in creating materials for a healthy friendships or relationships display for the new school year, asking them to leave a message that they think is important for younger pupils, together with photographs of themselves.

19 Ask each pupil in school to draw their family on a piece of paper bunting (triangle of card of paper) – punch two holes in the top of each one, thread string through and make bunting to decorate your hall. Staff could join in too! Tweet pictures using #RSEday.

20 Create raps, songs or dances that respond to the experience of social distancing and the feelings this evokes.



25 June 2020

RSE Day is a day to celebrate relationships and sex education and think about the role we all have in promoting positive relationships and sexual health.



sexeducationforum.org.uk/RSEday



[@RSE_day](https://twitter.com/RSE_day)



Nottingham
City Council