

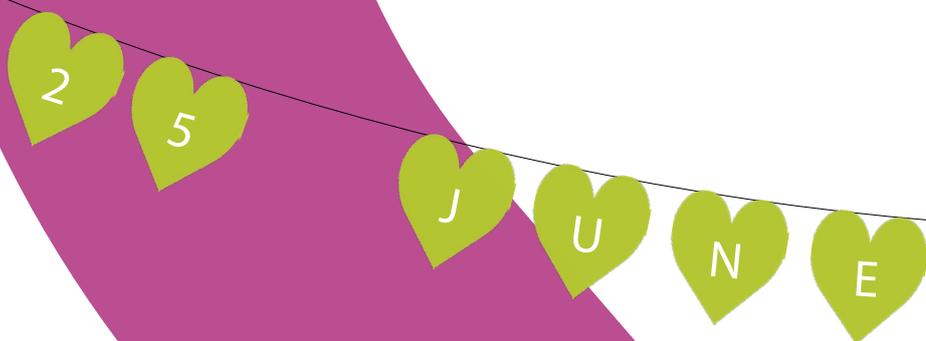
RSE DAY

Celebrating relationships & sex education



Ideas for settings

Secondary age children





Ideas to make the most of RSE day

This list of ideas is designed to inspire you to join in with RSE Day on 25 June 2020.

There are quick options and ones that will take a bit more planning and preparation.

Some can be run with students in school, others shared with families as part of your remote education, helping to sustain the school community during the Covid-19 pandemic.

Choose one or two that are most relevant for your setting and circumstances, or think of your own.

This year the theme for RSE Day is 'Books I love about love'. Many of the ideas in this list support this theme.

To comply with current legislation please inform parents/carers of your plans for RSE Day in advance and give them the option to withdraw their child.

RSE Day is a day to celebrate excellent RSE, that promotes the wellbeing of, and safeguards, children and young people.

Good quality RSE needs to happen all year round, with a planned curriculum, but 25 June is an opportunity to start new conversations and share what you are doing with others.

Because RSE is the responsibility of parents and schools, we have included ideas that involve the whole community.

Remember to let us know what you are doing via social media using the hashtag #RSEday.

1 Share a list of books about love and relationships. Ask students to read one and write a review. Take photographs of students holding their recommended book.

2 Write poems about love, taking inspiration from the [Poetry Foundation](#).

3 Ask students to suggest books about love and relationships that could be added to your existing library titles.

4 Students create a title, a synopsis and a cover design for a new book about relationships and love.

5 Ask students to research local and national support for young people around relationships and emotional wellbeing and design a method to share the information for example as a short poem, a card, as a graphic, as part of a leaflet.

6 Run a virtual survey about what students think about the RSE they receive in school and publish the results on RSE Day. This pupil consultation can contribute to your preparation for statutory RSE. Get ideas for questions from the [Sex Education Forum's national Poll](#).

7 Hold small group discussions with students asking them about RSE in your school and what they would like to see happening in future. Document this in a blog.

8 Run a competition involving students creating tweets about healthy relationships and sexual health. Invite a guest judge to decide which ones the school will tweet on RSE Day.

9 Order some [Stonewall posters](#) to display in school to challenge homophobia and foster LGBTQ+ inclusion.

10 Hold a virtual assembly on an RSE theme.

11 Ask students to create short videos on what makes a healthy friendship for use in supporting the induction of year 7s in the new academic year.

12 Involve students in creating a display about healthy relationships for the next academic year with signposting to support for students.

13 Carry out some fundraising for a local charity that supports healthy relationships.

14 Run a virtual quiz on laws around sex and relationships.

15 Ask students to paint a stone with a positive relationship quote and leave it in their local community on their daily walk. Share pictures of their efforts on social media.

16 Get students involved in making period products accessible in your school using the [free products scheme run](#) by Department for Education and ideas from [Hey Girls](#).

17 Ask students to record 3-5 minute conversations about a friendship or relationship between different ages, genders or cultures in the style of the Radio 4 Listening Project. Share these on social media or your website to show the value the school places on healthy relationships of all kinds.

18 Compile a school play-list for RSE Day featuring age-appropriate songs about love, relationships and friendships and play on 25 June. Share the play-list with students at home. You could use the lyrics to stimulate discussion, writing, art-work, poetry, drama and dance pieces for those in school.

19 Students write news articles, develop drama pieces or create dance in response to the impact of social distancing and the Covid-19 pandemic on relationships.

20 [Nominate one of your fabulous RSE teachers for the Sex Education Forum's – by 5 June!](#)



25 June 2020

Celebrated each year on the last Thursday of June, RSE Day is a day for everyone to think about their role in promoting healthy relationships and positive sexual health.



sexeducationforum.org/RSEday



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Nottingham
City Council