

RSE DAY

Celebrating relationships & sex education



What is RSE Day?

RSE Day celebrates positive work around relationships and sex education in schools and the wider community. It is a day for everyone to think about their role in promoting healthy relationships and positive sexual health to children and young people.

RSE Day started in Nottingham City in 2018 and 2019 was the first national RSE day which saw us trending at #17 on twitter, and this year we want spread the message even further and would love your help to do this.

This year's theme is 'books I love about love.' We will be asking people nationwide to share a book, story or poem that they love about love on social media on RSE Day (25th June) as a way to talk about relationships and sexual health – highlighting the importance of RSE.

How can I get involved?

22nd – 24th June: help us to raise awareness for why RSE is important and to get people thinking about the book they want to share on RSE Day, 25th June:

What to do:

- Post the RSE Day' books I love about love' logo or GIF with 1 or both of the following messages:
 - o Encourage people to dig out their favourite book they love about love eg...'It's time to rifle through your book case (or kindle) and find your favourite book that you love about love, ready to share on RSE Day, 25th June.
 - o Why RSE Day is important:
 - Excellent #RSE educates children & young people about healthy relationships and positive sexual health. Join in celebrating #RSEday on 25 June @RSE_day <http://bit.ly/2F4U847> @sex_ed_forum
 - Good relationships and sex education helps keep children and young people safe – that's why I'm supporting #RSEday @RSE_day <http://bit.ly/2F4U847> @sex_ed_forum

- Children and young people deserve good quality relationships and sex education in their schools - that's why I'm supporting #RSEday @RSE_day <http://bit.ly/2F4U847> @sex_ed_forum
- Children and young people want relevant and reliable #RSE from school and their families – that's why I'm supporting #RSEday #RSEtogether <http://bit.ly/2F4U847> @sex_ed_forum

25th June - RSE Day: it's time to share the book you love about love:

- Share a selfie or photo holding a book that you love about love. If you don't want to show your face you can just share a photo of your book. Feel free to involve others. If you don't have your book to hand the book cover displayed on an iPad or tablet also works.
- With your photo please include the reason for your chosen book eg. 'I love this book because....' and why RSE Day is important to you.
- Please post on twitter and Instagram at breakfast time, **around 8am** using #RSEday #RSEtogether – this will give us the best chance of our message getting noticed on social media

Also, join us on twitter @sex_ed_forum @RSE_day from 12 midday to see our full playlist of authors and influencers reading extracts from their chosen book – please retweet this, and any other posts.

2020 POSTS AND TWITTER EGS:

Twitter

Reasons for supporting RSE day – posts

Join @RSE_day in celebrating excellent #RSE that educates children and young people about healthy relationships and positive sexual health. #RSEday <http://bit.ly/2F4U847> @sex_ed_forum

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Good relationships and sex education helps keep children and young people safe – that's why I'm supporting #RSEday! @RSE_day <http://bit.ly/2F4U847> @sex_ed_forum

Children and young people deserve good quality, inclusive, relationships and sex education in their schools - that's why I'm supporting #RSEday! @RSE_day <http://bit.ly/2F4U847> @sex_ed_forum

Children and young people want relevant and reliable #RSE from school and their families – that's why I'm supporting #RSEday #RSEtogether <http://bit.ly/2F4U847> @sex_ed_forum

Relationships and sex education is more effective when schools and families work together – that's why I'm supporting #RSEday #RSEtogether <http://bit.ly/2F4U847>
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Facebook

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