



Leading effective RSE in SEND settings

Rachael Baker

Senior RSE Specialist, Sex Education Forum



Intentions for today

- Meet your trainer
- Explain the background, rationale and intentions of the course
- Practical information about how the programme will work
- Answer your questions

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- Experienced sex education trainer
- Qualified teacher PGCE Sec, MA Ed
- PSHE Department lead in mainstream secondary
- Alternate provision for young people marginalized from education
- Pupil referral unit – PSHE lead
- Year 7 class teacher and PSHE teacher, then KS5 nurture base tutor plus PSHE, sex and safety, childcare
- Senior RSE specialist at SEF since September 2019
- Speaker at DfE Early adopter conferences 2019, DfE SEND conference 2020, speaking at Nasen conference 2021, Estonian WHO National Health Promotion Conference 2021
- Subject Expert for DfE teaching resources
- Published articles in TES and Head Teachers Update magazines

Rationale



A programme which will:

- Give SEND specialists practical support to differentiate and personalise RSE content for learners with moderate learning disabilities
- Focus on the specific needs of learners with SEND and place learners with disabilities at the centre of RSE provision
- Deep dive into key issues to enable teachers to feel highly skilled and confident
- Create whole school impact, with connections to leadership and management, and cascable training for colleagues, bringing about whole school impact
- Create a community of practice to enable teachers in SEND settings to connect and support colleagues in similar roles

Who is the programme for?

- **RSE leads**, or those **aspiring to specialise** to become RSE leads
- Teachers in **SEND specialist settings**
- Those working with learners with **MLD and ASC**
- Predominantly **secondary**, up to KS5, but potentially older primary
- Teachers who will be **delivering Sex Education** components

A lead teacher joins the programme, and attends online events

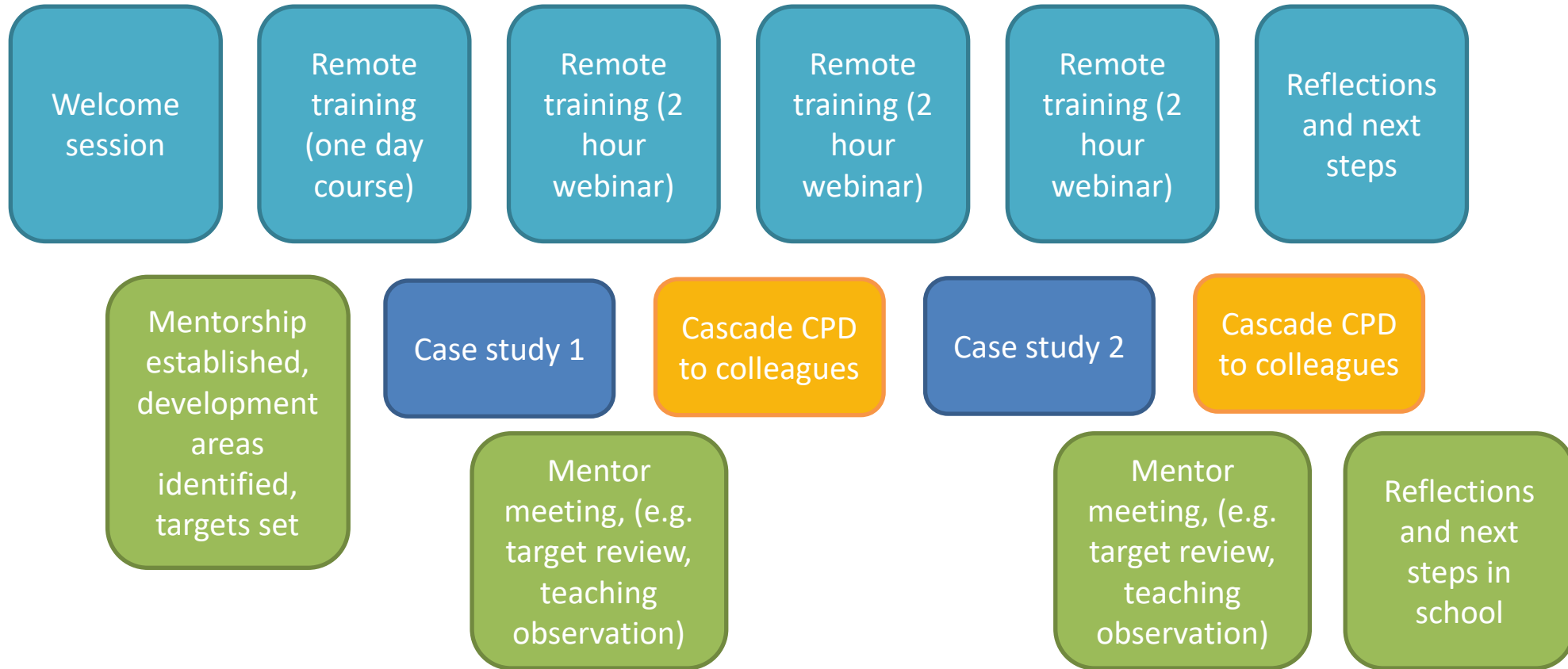
In School mentor – SLT, person with overarching responsibility

Specific areas of development identified and targets set in-house

Case studies, findings, experiences shared with cohort

Training and CPD opportunities for you to cascade to your team of teachers and staff in your school

How will the programme be structured?



Webinars to include topics such as:

- Home / school partnership
- Sexualised behaviour
- pornography, and explicit imagery
- social media
- RSE as skills for adulthood
- Unwanted sexual touch, sexual abuse, sexual violence including between learners
- Menstrual wellbeing
- Teaching about attraction, fancying people and sexual orientation

FAQs

- Is this programme suitable for leadership?
 - A senior leader could join, provided they also had the mentorship structure within school, however you may find it more effective to be the mentor to a lead teacher.
- Can two teachers share the place on the programme?
 - No, because it is important to have a consistent group.
- Is there a discount for a second teacher?
 - Yes, 30% discount for teacher 2

FAQs

- Is this suitable for teachers of PMLD?
 - The course is aimed at teachers working with learners with MLD, and those young people who will live independently or semi-independently.
- Is this suitable for primary teachers?
 - We have developed this programme to support teachers who are teaching sex education content, so this could include teachers in KS2 as well as KS3 and above.

FAQs

- What are the exact dates of the training events?
 - Dates will be confirmed when we have exact numbers. There will be one session per half term.
- Is the programme accredited?
 - Whilst this is not formally accredited, you will receive a certificate confirming your completion of the programme. Sex Education Forum is highly respected in the field of RSE.

Benefits of participation

- Facilitated by SEND specialist, qualified teacher and RSE specialist Rachael Baker
- 12 hours + of high quality CPD across the academic year
- Space to share real experiences and identify solutions with a consistent community of practice
- Whole school impact – linking practitioners with leadership
- Unique leadership development opportunity
- Supports statutory RSHE implementation
- Curated by Sex Education Forum, drawing on sector-wide expertise and resources

How do I book my place?

- You can reserve your place on the programme via Eventbrite [here](#).
- The programme will have a maximum of 15 places per cohort.
- The programme costs £975, which will be invoiced to school.

